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Postpartum Coverage Transition Checklist

Plan ahead for coverage and care after pregnancy.

Identify the actual coverage program

Virginia Medicaid for Pregnant Women and FAMIS MOMS generally provide 12 months of postpartum coverage. FAMIS Prenatal Coverage generally ends 60 days after pregnancy ends. Confirm the actual member program and notice.

Questions to check

- What program is listed on the current record or notice?
- When did the pregnancy end, and what official review or end date applies?
- Is the mailing address or telephone number current?
- Has the birth been reported, and has newborn coverage been confirmed separately?
- What appointments, medications, or continuing services need planning?
- Who can provide official eligibility and coverage-transition assistance?

Planning checkpoints — not state deadlines

For 12-month programs, consider preparation around postpartum months 10–11. For FAMIS Prenatal, begin planning before its shorter protected period ends. These are optional reminders, not government requirements.

My transition notes

Program: _____

Pregnancy end date: _____

Official review or end date: _____

Upcoming appointment: _____

Coverage question to ask: _____

Keep care on the agenda

Discuss any risk of interrupted prescriptions, postpartum care, mental-health support, blood-pressure treatment, or other ongoing services with the healthcare team while coverage questions are addressed.

Official Medicaid source

https://coverva.dmas.virginia.gov/learn/coverage-for-pregnant-individuals/cardinal-care-pregnancy-and-postpartum-coverage/

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